



Approved on April 1, 2019

Memory & Aging Study

- Are you 60 years or older?
- Are you healthy, without memory problems?
- Do you, or someone you care for, experience memory problems?

You may be eligible to participate in an ongoing study to learn more about the differences between normal aging, mild memory problems, and memory disorders, such as Alzheimer's Disease.



Johns Hopkins Alzheimer's Disease Research Center

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Like us on Facebook at
'Johns Hopkins Memory & Aging'
*For resources, information, events,
and research opportunities related
to healthy aging and memory loss*



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Photographs are not of actual patients or study participants.

Memory & Aging Study



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Memory Loss & Aging

Many older adults worry about their memory. Studies have shown that there are subtle changes in memory and thinking abilities with age, in the absence of disease. This makes it difficult to tell the difference between changes that are normal, versus changes that are due to other causes.

Common causes of memory loss in older adults are Alzheimer's disease, stroke, cardiovascular disease, and depression. Some medications can also cause changes in memory. Alzheimer's disease is the most common cause of memory loss in older adults.

Research in memory loss and aging seeks to improve understanding of healthy aging and diseases that cause memory loss, find improved treatments for these diseases, and find ways of reducing risk for memory disorders.

Memory & Aging Study

The Johns Hopkins Alzheimer's Disease Research Center (ADRC) is examining the differences between normal aging, mild memory problems, and memory disorders, such as Alzheimer's disease.



Who can participate?

- Older adults without memory problems, 60 years or older.
- Older adults who are experiencing memory problems.

What Are You Asked To Do?

If you choose to participate in the Memory & Aging Study, you and a study partner (e.g., family member, friend) will come to our clinic for a 2-3 hour assessment. The assessment will include memory testing, a physical exam, and blood draw. You and your study partner will also be asked questions about your daily functioning. You will be asked to return to our clinic once a year for an annual assessment.

You will receive:

- Memory testing and physical exam, annually.
- Consultation with specialists on memory loss and aging.
- Regular updates on topics related to the prevention and treatment of memory loss in older adults via newsletters, conferences, and Facebook.

***For more information,
call 410-550-9021.***